



CURRICULUM VITAE

Name: Mr Clark Gilkes

Based In: Northampton

Company Address: Rehab Without Walls
27 Presley Way
Crownhill
Milton Keynes
MK8 0ES

Telephone No: 01908 560041

Email: clark.gilkes@rehabwithoutwalls.co.uk



PROFESSIONAL QUALIFICATIONS

RN Dip He MH 1999

PROFESSIONAL EMPLOYMENT

Present Employment

1. *Rehab Without Walls* November 2007 - present
Case Manager

To provide case management input for adults and children with acquired brain injury, or spinal injury and who have complex rehabilitation and care needs.
This role involves:

- Assessing need for care, case management and rehabilitation
- Risk management
- Designing, developing and monitoring multi-disciplinary care packages
- Supervising and training support workers
- Facilitating and managing liaison and coordination between services, including statutory and independent sector services

Previous Employment

1. *Oakleaf Care – Hartwell, Northamptonshire* October 2004 – July 2007
Managing Director

Setting up of a residential care unit, to provide residential care to males with acquired brain injury. Developed the service, and designed the care

packages, with clinical responsibility for the entire admissions process from referral. This included monitoring the care packages, carrying out risk assessments, and reviews of care.

2. *Nurses Friend Care Agency - Northampton*
Clinical Manager *May 2004 – October 2004*
Successfully guided the organisation through a positive CSCI inspection, and introduced policies, procedures and working protocols for good practice, which facilitated the effective management of qualified staff, and introduced guidance in practice and regular clinical supervision.

3. *Cygnet Healthcare - Northampton*
Charge Nurse *November 2003 – May 2004*
Managed PICU (Psychiatric Intensive Care Unit)
Coordinating care and treatment, and assisting in development of a new service. This post enhanced skills in crisis management and risk assessment.

4. *Northamptonshire PCT*
Community Psychiatric Nurse *April 2003 – November 2003*
Managing a case load of clients with mental health diagnosis mostly in community settings. Liaising with statutory and independent care providers, setting goals and measuring outcomes.

This post helped in developing skills in managing clients in the community, implementing rehabilitation and treatment plans, and reducing the probability of hospital admission through effective risk management and supervision.

5. *Kemsley / St Andrews Hospital*
Staff Nurse / Charge Nurse *April 1999 – April 2003*
Post registration preceptorship leading to increased responsibilities in a clinical environment.
These posts provided a sound grounding in managing brain injured clients with complex presentations, dual diagnosis and challenging behaviours.
I also worked with a team comprising of number of different disciplines and gained a good grounding in multidisciplinary working.

PROFESSIONAL MEMBERSHIP

RCN Royal College Of Nursing