



Lucy Wood



Based In: Bracknell, Berkshire
Background: Speech and Language Therapy
Email: Lucy.Wood@rehabwithoutwalls.co.uk

In her previous roles, Lucy has worked with adults with acquired brain injury and long-term neurological conditions. She is experienced at assessing needs, managing budgets, setting person-centred goals and devising plans to help clients achieve them.

As a student, Lucy developed an interest in brain injury, working with Headway to undertake focus groups and research the experience of unpaid carers, in particular in the transition from hospital to home. She also had a placement in a brain injury rehabilitation unit, undertaking therapy and providing training for care staff in effective communication and managing dysphagia.

CASE MANAGER – REHAB WITHOUT WALLS

SEPTEMBER 2017 - PRESENT

Providing case management input for adults and children with acquired brain injury (including cerebral palsy) or spinal injury, who have complex rehabilitation and care needs.

This role involves:

- Assessing need for case management, care and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

KEY SKILLS AND EXPERIENCE

- Communication and swallowing difficulties
- Working with formal care services and
- Working with family carers
- Working with clients and families from other cultures

PROFESSIONAL QUALIFICATIONS

- Certificate in Natural Sciences (Open University) 2010
- BSc (Hons) Speech and Language Therapy (University of East Anglia) 2014

CONTACT

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PREVIOUS EMPLOYMENT

- **Berkshire Healthcare NHS Foundation Trust**
Specialist Speech & Language Therapist **Aug 2014 – Sep 2017**
Managed a caseload of adults with acquired communication and swallowing difficulties, including from brain injury, stroke and long-term neurological conditions.
Conducted assessments, worked with patients to set person-centred SMART goals and implemented therapy programmes to achieve them. Prepared clear and detailed patient notes, letters and reports.
Worked with other professionals in multidisciplinary teams and designed and carried out training for care staff. Mentored newly qualified speech and language therapists and students, helping to develop their knowledge and clinical skills, and worked on service improvement projects to improve efficiency and patient experience.
- **Surrey County Council – Adult Social Care**
Assistant Practitioner **Jan 2013 – Aug 2014**
Carried out initial telephone assessments and organised care services for newly referred patients and those being discharged from hospital. Visited patients to conduct thorough face-to-face assessments of care needs.
Calculated personal budgets and helped service users design support plans to meet their needs. Negotiated funding requests with senior managers for service users requiring services that exceeded their personal budget and negotiated fees with care providers. Liaised with other professionals. Wrote accurate, thorough records and reports.
Raised safeguarding alerts, attended meetings and investigations and ensured subsequent actions were followed through.
- **Ealing Primary Care Trust**
Speech & Language Therapy Assistant **Mar 2010 – Sep 2010**
Registered new referrals, discharged patients and sent patient letters. Maintained patient databases, kept track of waiting lists and ensured patients were seen in line with service targets and deadlines. Maintained the departmental diary.
Conducted speech and language therapy sessions with patients and kept accurate records. Assisted on hospital wards, taking patient case history details and informing nursing staff about feeding and dietary requirements.

OTHER ACTIVITIES

Lucy is treasurer and an active member of her local Ladies' Circle. Her hobbies include all kinds of crafts, keeping fit and travelling.

PROFESSIONAL MEMBERSHIP

- HCPC – Health & Care Professions Council
- RCSLT – Royal College of Speech and Language Therapists