



# Siobhan Holmes



**Based In:** Manchester

**Background:** Neuro-physiotherapy

As a specialist in neurophysiotherapy since 2011, Siobhan has worked with clients with a wide range of complex neurological conditions including acquired brain injury, spinal cord injury, cerebral palsy and stroke, both in an inpatient setting and in the community. She is experienced at working together with clients and their families to set SMART goals and develop holistic treatment plans to manage complex long-term conditions. Siobhan is skilled at managing other therapists and working as part of a multi-disciplinary team.

## CASE MANAGER – REHAB WITHOUT WALLS

NOVEMBER 2018 - PRESENT

Providing case management input for adults and children with acquired brain injury (including cerebral palsy) or spinal injury, who have complex rehabilitation and care needs.

This role involves:

- Assessing need for case management, care and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

## KEY SKILLS AND EXPERIENCE

- Stroke management
- Managing long-term conditions in the community
- Major trauma
- Orthopaedics
- Crisis response

## PROFESSIONAL QUALIFICATIONS

- BSc (Hons) Physiotherapy (University of Salford) 2006

## PROFESSIONAL MEMBERSHIP

- HCPC – Health & Care Professions Council
- CSP – Chartered Society of Physiotherapy
- ACPIN – Association of Chartered Physiotherapists interested in Neurology
- ATOCP – Association of Trauma and Orthopaedic Chartered Physiotherapists
- ACPOMIT – Association of Chartered Physiotherapists with an interest in Orthopaedic Medicine Injection Therapy

## CONTACT

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## PREVIOUS EMPLOYMENT

### Locum Senior Physiotherapist with HCL agency

- **Bolton NHS- Integrated Tier services – Crisis response** **May 2018 – Present**  
Completing integrated assessments to ensure safe and timely discharge for frail and elderly acute crisis patients. Undertaking positive risk to prevent unnecessary hospital admission and support patients and carers at home.
- **Bolton NHS – Discharge to assess – integrated tier services** **Apr 2018 – May 2018**  
Part of a multi-disciplinary team, providing comprehensive care and management for patients with complex long-term physical and mental health conditions. Worked with patients and carers to ensure a holistic approach to managing long-term conditions.
- **Manchester Foundation Trust - Major Trauma & Trauma Orthopaedics** **Apr 2017 – Apr 2018**  
Provided specialist physiotherapy assessments and MDT treatment for complex limb, pelvic and spinal fractures and soft-tissue injuries. Active member of the team providing care to victims of the Manchester Arena bombing incident. Participated in the Trauma Audit Research Network.

### Locum Senior Physiotherapist with Sanctuary Healthcare agency

- **Bolton NHS – Early Supported Discharge and Complex Community Team**  
**Locum Specialist Stroke Physiotherapist** **Jan 2016 – Apr 2017**  
Worked with patients with complex neurological and physical conditions. Undertook specialist stroke assessments on discharge from acute care, identifying problems and goals and working with patients and their carers to create appropriate treatment plans.
- **Sussex Community NHS Trust - Community Discharge to Assess**  
**Locum Physiotherapist** **Oct 2015 – Jan 2016**  
Assessed patients discharged within the last 4 hours from the acute hospital and provided therapy support in clients' own homes to promote independence and prevent readmission.
- **Manchester Neuro - Senior Neurological Physiotherapist** **Aug 2014 – Oct 2015**  
Clinical lead for the physiotherapy service at a charity-run brain injury rehabilitation unit, assessing and treating clients with conditions including traumatic brain injury, spinal cord injury, cerebral palsy, Parkinson's disease, stroke and multiple sclerosis.
- **Bolton NHS - Stroke Specialist Physiotherapist** **Jun 2011 – Aug 2014**  
Undertook specialist stroke assessments of patients with complex physical and psychological conditions, identifying needs and goals and developing treatment plans. Took part in evidence-based research, made recommendations and implemented service developments.
- **Northwich Victoria FC - Assistant Physiotherapist** **2011 – 2012**  
Responsibilities included complex gait and movement analysis and exercise coordination.
- **Bolton NHS - Rotational Band 5 Physiotherapist** **2009 – 2011**  
Six-month rotations in core areas: surgery, medicine, palliative, complex rehabilitation and orthopaedics, including double rotations in MSK, acute stroke and ESD stroke.
- **Tameside and Glossop PCT - Physiotherapist** **2008 – 2009**  
Managed the neurological outpatient clinic at the intermediate care facility.
- **Stepping Hill Hospital - Devonshire Neurorehabilitation centre**  
**Physiotherapist** **2007 - 2008**  
Provided inpatient assessment and treatment and facilitated discharge.