



Julie Day



Based In: Bedford

Background: Occupational Therapy

In her time at Rehab Without Walls Julie has gained experience of case managing clients with challenging behaviour. She has also effectively managed clients with high levels of community risk. Julie has experience of devising complex care and rehabilitation programmes for clients and of regularly monitoring and reviewing service provision. As well as placing support workers from care agencies, Julie has also worked with employment agencies to recruit private support workers for her clients. Julie has experience of working with a wide range of statutory and voluntary sector organisations and private professionals in order to access services and support for her clients.

CASE MANAGER & MENTAL CAPACITY ASSESSOR REHAB WITHOUT WALLS

SEPTEMBER 2006 - PRESENT

Providing case management input for adults and children with acquired brain injury (including cerebral palsy) or spinal injury, who have complex rehabilitation and care needs.

This role involves:

- Assessing need for case management, care and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

Alongside her role as a case manager, Julie has developed expertise in assessing mental capacity and is available to carry out independent COP3 assessments.

KEY SKILLS AND EXPERIENCE

- ✓ High-risk clients
- ✓ Challenging behaviour
- ✓ Complex care packages

"Julie has an excellent and empathetic manner with the client and a very pragmatic and effective approach – I was very impressed."

– Solicitor, 2015

PROFESSIONAL QUALIFICATIONS

- Diploma of the College of Occupational Therapy (St Andrews School of Occupational Therapy) 1984
- Level 2 Advanced Counselling Training (Manna House Counselling Service, Northampton) 2003

CONTACT

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PREVIOUS EMPLOYMENT

- **Bedfordshire Hospital NHS Trust / South Essex Partnership Trust**
Band 7 Occupational Therapist **Jan 1998 – Sept 2014**
Delivered a highly specialist goal-focussed rehabilitation service to clients with a variety of neurological conditions, in their own homes, with the aim of increasing independence and improve quality of life.
- **Bedford & Shires Health & Care Trust**
Senior Occupational Therapist **Mar 1995 – Jan 1998**
Undertook community assessments in the home and workplace, for clients experiencing difficulties with activities of daily living
- **North Hertfordshire NHS Trust**
Senior Occupational Therapist **Feb 1992 – Jul 1993**
Provided an inpatient occupational therapy service to general medical wards, as well as to specialist orthopaedic, surgical, renal, rheumatology and plastic surgery services. Also provided an outpatient service to wheelchair users.
- **Bedford Hospital Trust**
Senior Occupational Therapist **1987 – 1989**
Provided occupational therapy services to general medical wards and set up an outpatient service for patients with neurological deficits. Organised and provided occupational therapy input to an inter-disciplinary support group for stroke patients and their carers.

OTHER ACTIVITIES

- **Voluntary work – Remap Charity**
Occupational Therapy Advisor **1996 – 2008**
Instrumental in setting up local Bedfordshire branch of REMAP.
Assessment and provision of bespoke items of equipment for disabled clients, where these items are not standardly available.
- **Voluntary work – Aid for Romania**
Trustee & Therapy Team Leader **Apr 2004 – 2014**
Setting up a therapy service for disabled children and adults in Buzau, Romania and providing clinical team leadership to the project.
Delivering and fitting equipment for disabled children and adults in Romania.

PROFESSIONAL MEMBERSHIP

- **HCPC – Health & Care Professions Council**
- **BABICM – British Association of Brain Injury Case Managers (Advanced Member)**

