

Based In: Saffron-Walden
Background: Nursing
Joined RWW: February 2020
RWW role: Case Manager – Adults & Children

REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care, support and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

CONDITIONS MANAGED

- ✓ Acquired brain injury
- ✓ Cerebral Palsy
- ✓ Amputations
- ✓ Diabetes
- ✓ Mental health conditions
- ✓ Autonomic dysreflexia
- ✓ Spinal injury
- ✓ Complex learning disability
- ✓ Traumatic & orthopaedic injury
- ✓ Neurological conditions (Stroke, MS, Parkinson's)
- ✓ Acute and chronic pain
- ✓ Various congenital conditions

KEY SKILLS & EXPERIENCE

- ✓ Managing delivery of complex nursing and care packages at home
- ✓ Working in challenging situations with non-compliant clients
- ✓ Ensuring continuity of care and rehabilitation services on discharge from hospital
- ✓ Elderly Care
- ✓ Palliative Care
- ✓ Moving and handling and Basic Life Support training
- ✓ Delivering moving and handling, basic life support and mandatory training
- ✓ Clinical on-call support for complex clients and their support workers

PROFESSIONAL MEMBERSHIPS

- NMC – Nursing & Midwifery Council
- RCN – Royal College of Nursing
- BACN – British Association for Cosmetic Nurses

Ellie says: *“I will always advocate for my clients and will do whatever is in my power to ensure they are provided with all they need to live their best life. Case management allows me to think outside the box and find different ways to help them achieve their goals”*

CONTACT

27 Presley Way
Crownhill
Milton Keynes
MK8 0ES

Tel: 01908 560041
Email: info@rehabwithoutwalls.co.uk
Website: www.rehabwithoutwalls.co.uk
Twitter: @RWWCaseManagers

PREVIOUS EXPERIENCE

Ellie joins Rehab Without Walls with a wealth of experience as a Band 5, 6 and 7 registered nurse and extensive knowledge of acute trauma, critical care, brain injury and rehabilitation. Since qualifying, she has undertaken many differing roles in a broad variety of nursing specialities, which has given her some very valuable experiences and allowed her to develop different skills and a solid knowledge base to be able to assist clients with a wide range of injuries and/or conditions.

Ellie's interests have led her to working in the community with complex care patients, including those with spinal, brain and major trauma injuries, as well as neurological conditions, profound physical and learning disabilities and other life limiting conditions.

As a clinical lead nurse, she assessed, planned and implemented complex care plans and risk assessments for incredibly vulnerable clients. She gained experience in the field of support worker recruitment and built on her skills to respond quickly and effectively to ever-changing situations.

Ellie's time as a critical care nurse gave her a very good fundamental knowledge of physiology and pathophysiology, which allows for a deeper understanding of the effects of acute or chronic illness and injury and how this may in turn affect rehabilitation goals and outcomes.

Her experiences in ICU also involved having many difficult conversations with both patients and their families and carers, and she learned how to talk to people with compassion and care but to also ensure important information was relayed in a way that those receiving it could understand. Thanks to this experience, Ellie is not afraid to discuss difficult matters when needed, but always does this with consideration and empathy.

PROFESSIONAL QUALIFICATIONS

- Dip. Access to Nursing (Cambridge Regional College) 2010
- Dip. H.E. Adult Nursing (Anglia Ruskin University) 2013

CAREER HISTORY

- Libertatem Healthcare Ltd - Regional Clinical Lead 2017 – 2019
- Self-employed - Aesthetic Practitioner 2016 onwards
- Thornbury Community Services – Complex Care Bank Nurse 2016 onwards
- Orla Healthcare – Acute Community Care Nurse 2016
- Self-employed Agency Nurse 2015 onwards
- Addenbrookes Hospital, John Farnham Intensive Care Unit – Staff Nurse 2014 – 2015
- Addenbrookes Hospital, Acute Major Trauma Rehabilitation Unit – Staff Nurse 2013 – 2014

OTHER ACTIVITIES

Outside work, Ellie enjoys spending time with her son, including lots of cooking, crafts, reading and walking. She also enjoys HIIT fitness training.

Ellie gives time to community and volunteer work, supporting her local Parkinson's disease support group and rehab fitness group. She also has a huge passion for animals, in particular dogs, and takes part in fundraising for local animal charities.