



Based In: Newcastle upon Tyne
Background: Occupational Therapy
Joined RWW: May 2007
RWW role: Case Manager – Adults & Children

REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

CONDITIONS MANAGED

- | | |
|-------------------------|--------------------------------|
| ✓ Acquired brain injury | ✓ Mental health conditions |
| ✓ Cerebral palsy | ✓ Complex orthopaedic injury |
| ✓ Spinal injury | ✓ Learning disability |
| ✓ Amputations | ✓ Auditory & visual impairment |
| ✓ Autism | ✓ Skin Grafts |

KEY SKILLS & EXPERIENCE

- | | |
|------------------------------|---|
| ✓ High risk clients | ✓ Working with families |
| ✓ Securing statutory funding | ✓ British Sign Language (Level 2) |
| ✓ Introducing hippotherapy | ✓ Equipment provision to support independence |
| ✓ Accommodation needs | |

Since joining Rehab Without Walls, Julie has developed crucial skills working with clients and their families, pacing the rehabilitation process at a level to meet the needs of her client, without causing too much disruption to the family. Julie has recruited, trained and supervised support workers, working sensitively with families and care givers, and has used direct employment and specialist provider agencies, devising bespoke rehab packages including therapy and care.

Julie has successfully case managed clients with challenging behaviour and has drawn on personal life experience of learning disability and also paediatric disability to help her manage difficult situations with understanding and empathy.

As well as working with clients more local to her, Julie has experience of working with clients in remote parts of Cumbria and the Isle of Man and has developed a good working knowledge of services available in those areas.

Julie works closely with the treating therapists on all her cases, so she is familiar with advances in equipment and techniques.

Julie is skilled at tailoring her client's environment to support their rehabilitation and priorities, either through specialist facilities or promoting independence in their own home. Recently, she has supported families in securing rental accommodation to make home-based therapy possible and practical.

PREVIOUS EXPERIENCE

Prior to joining Rehab Without Walls, Julie set up treatment plans for residents in a specialist facility with varying degrees of organic brain disorders and associated cognitive and physical impairments. She monitored residents to identify problems such as challenging behaviour, developed programmes to resolve these problems and instructed and supported care workers to implement them.

PROFESSIONAL QUALIFICATIONS

- BSc(Hons) Occupational Therapy (Northumbria University) 1997

CAREER HISTORY

- Woodlands Care Home – Newcastle
Occupational Therapist 2005 – 2008
- Family Commitments – Not in Employment 1986 – 2005
During this time, Julie was a full-time carer to her profoundly disabled child.
- Sterling Organics – Northumberland
PA / Secretary 1977 – 1986

PROFESSIONAL MEMBERSHIPS

- HCPC – Health & Care Professions Council
- BABICM – British Association of Brain Injury & Complex Case Management



OTHER ACTIVITIES

In her spare time, Julie enjoys walking her dog and spending time with family and friends.

"It has been great to work with a case manager who knows their trade so well and is sensible and realistic in their approach." – Occupational Therapist, 2017

CONTACT

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