



**Based In:** Wakefield  
**Background:** Occupational Therapy  
**Joined RWW:** March 2021  
**RWW role:** Case Manager - Adults & Young People

## REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

## CONDITIONS MANAGED

- ✓ Acquired brain injury
- ✓ Cerebral palsy
- ✓ Stroke
- ✓ Dementia
- ✓ Spinal cord injury
- ✓ Multiple sclerosis
- ✓ Parkinson's disease
- ✓ Sensory impairment
- ✓ Mental health conditions

## KEY SKILLS & EXPERIENCE

- ✓ High risk clients
- ✓ Managing challenging behaviours
- ✓ Addictions
- ✓ Complex comorbidities and dual diagnoses
- ✓ Community reintegration
- ✓ Promoting independent living skills
- ✓ Managing therapy teams
- ✓ Systemic working
- ✓ Using robotics and VR in rehabilitation
- ✓ Vocational rehabilitation
- ✓ Rehabilitation of the upper limb

## PREVIOUS EXPERIENCE

Since qualifying, Phillipa has specialised in neurological rehabilitation in the private sector; including both outpatient services and residential rehabilitation settings. She has worked as the Lead Occupational Therapist in two services supporting individuals with highly complex needs, under the Mental Health Act or DoLS framework, to progress towards greater independence and community reintegration.

To help her clients achieve their goals, Phillipa's work has required extensive positive risk taking, which is enabled through her style of collaborative team working, a holistic approach, thoroughness, and the development of excellent working relationships with clients and their families.

**Phillipa says: "My role as a case manager draws upon all aspects of my clinical background. I feel privileged to be working in a capacity where I can ensure truly person-centred work and the achievement of meaningful goals."**

## PROFESSIONAL QUALIFICATIONS

- MSc Occupational Therapy Pre-Registration (Leeds Beckett University) 2011 - 2013
- BSc (Hons) Psychology (University of Leeds) 2007 – 2010

### Post Graduate Courses

- Tyromotion Super User qualification 2018
- Neurological upper limb function & recovery 2017
- Introduction to Bobath 2017
- Evidence Based Stroke Management module (York St John University) 2015
- Assessment of Motor and Processing Skills (AMPS) 2015

## CAREER HISTORY

- Cygnet Healthcare  
Highly Specialist Neurological Occupational Therapist 2020 –2021
- MOTION Rehab  
Lead Neurological Occupational Therapist 2018 –2020
- The Brain Injury Rehabilitation Trust  
Senior II Neurological Occupational Therapist 2014 – 2018
- The Brain Injury Rehabilitation Trust  
Neurological Occupational Therapist 2013 – 2014

## OTHER ACTIVITIES

- Chair of the North East (Yorkshire & Humber) Royal College of Occupational Therapists Specialist Section - Neurological Practice (SSNP) from 2014 to 2019
- Member of the Yorkshire Acquired Brain Injury Forum (YABIF) committee from 2018 to 2019.
- Published in UK Stroke Forum Abstracts 2018. (2018). International Journal of Stroke, 13 (3\_suppl), 10–65. <https://doi.org/10.1177/1747493018801108>
- Presented on 'High Intensity Neurological Rehabilitation' - The Stroke Association, April 2019
- Presented on 'Challenging "plateau" in neurorehabilitation; A traumatic brain injury case study' – Irwin Mitchell conference, November 2016
- Taught 'The Role of Occupational Therapy in Neurological Rehabilitation' at Leeds Beckett University Occupational Therapy MSc course in 2014, 2015, 2016

## PROFESSIONAL MEMBERSHIPS

- HCPC - Health & Care Professions Council
- RCOT - Royal College of Occupational Therapists
- BABICM - British Association of Brain Injury & Complex Case Management



## HOBBIES / INTERESTS

Phillipa enjoys exploring new countryside spots on walks with her Newfoundland dog.

## CONTACT

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