



<b>Based In:</b>	Bedford
<b>Background:</b>	Occupational Therapy
<b>Joined RWW:</b>	September 2006
<b>RWW role:</b>	Case Manager
<b>Works with:</b>	Adults & Children

### REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care, support and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

### CONDITIONS MANAGED

- |                         |                              |
|-------------------------|------------------------------|
| ✓ Acquired brain injury | ✓ Mental health              |
| ✓ Cerebral palsy        | ✓ Complex orthopaedic injury |
| ✓ Spinal injury         | ✓ Learning disability        |
| ✓ Amputations           |                              |

### KEY SKILLS & EXPERIENCE

- |                                         |                                       |
|-----------------------------------------|---------------------------------------|
| ✓ High risk clients                     | ✓ Assessing mental capacity           |
| ✓ Equipment & environmental adaptations | ✓ Securing statutory funding          |
| ✓ Managing complex care packages        | ✓ Managing clients in other countries |

In her time at Rehab Without Walls Julie has worked with clients of all ages, many with complex brain injuries. She has developed expertise in case managing clients with challenging behaviour and high levels of community risk and with supporting families and support workers to manage this.

Julie has experience of devising and managing complex care and rehabilitation programmes for clients, including placing support workers both from care agencies and through direct recruitment. She regularly works with a wide range of statutory and voluntary sector organisations and private professionals in order to access services and support for her clients.

Julie is skilled at working with schools, colleges and universities to support clients with their education, and working with employers to support clients in the workplace.

Julie has particular expertise in supporting clients emigrating overseas, setting up appropriate care and therapy provisions and providing ongoing remote case management. Recently, she has worked with a 10-year-old client with acquired brain injury and complex medical problems, who is living in Portugal. Julie put together a multi-disciplinary team, arranged medical appointments, recruited support workers and found a suitable school for her, both working remotely and in person, travelling to visit her and her family in Portugal.

Julie is an Advanced Registered Practitioner member of BABICM.

## PREVIOUS EXPERIENCE

In her most recent occupational therapy roles, Julie delivered a highly specialist goal-focussed rehabilitation service to clients with a variety of neurological conditions, in their own homes, with the aim of increasing independence and improve quality of life. She also undertook workplace assessments to support clients to return to or remain at work.

## PROFESSIONAL QUALIFICATIONS

- Diploma of the College of Occupational Therapy 1984  
(St Andrews School of Occupational Therapy)
- Level 2 Advanced Counselling Training 2003  
(Manna House Counselling Service, Northampton)

## CAREER HISTORY

- Bedfordshire Hospital NHS Trust / South Essex Partnership Trust 1998 – 2014  
Band 7 Occupational Therapist
- Bedford & Shires Health & Care Trust, Senior Occupational Therapist 1995 – 1998
- North Hertfordshire NHS Trust, Senior Occupational Therapist 1992 – 1993
- Bedford Hospital Trust, Senior Occupational Therapist 1987 – 1989

## PROFESSIONAL MEMBERSHIPS

- HCPC – Health & Care Professions Council
- BABICM – British Association of Brain Injury & Complex Case Management - Advanced Member



## OTHER ACTIVITIES

Julie worked as a volunteer therapist for a charity called 'Aid for Romania' for over 10 years, taking a clinical therapy lead in providing assessments, equipment, advice and support to over 100 clients in Buzau, Romania. This involved working in orphanages, in client's own homes and in a 'clinic' setting. This work was carried out over 4 -5 days on an annual basis with a team of therapists, doctors, dentist, administrators and translators.

In her spare time, Julie enjoys aquacise and has recently taken up 'walking hockey'.

***"You are my voice when I can't explain fully how I feel or have felt and I know you are totally with me, which means so much." – Client, 2018***

## CONTACT

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