



Based In: Northampton  
 Background: Occupational Therapy  
 Joined RWW: April 2023  
 RWW role: Case Manager  
 Works with: Adults & Children

### REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care, support and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

### CONDITIONS MANAGED

✓ Acquired brain injury	✓ Learning disability
✓ Spinal injury	✓ Dementia
✓ Physical disability	✓ Substance misuse

### KEY SKILLS & EXPERIENCE

✓ High risk clients	✓ Assessing mental capacity
✓ Complex Care Coordination	✓ Crisis management
✓ Working with MDTs	✓ Safeguarding

Zoe has extensive skills and knowledge of working with a range of client groups, with a client centred focus. She rapidly builds rapport with her clients, families, and professionals. She is able to offer a broad range of professional advice in order to ensure clients receive the best and most appropriate support, and outcomes possible. Zoe is skilled in supporting people through extremely challenging and difficult situations, where she will always place the clients needs first. Her background as an Occupational Therapist ingrains her holistic approach and supports her ability to identify the most appropriate resources for her clients. Her systematic approach supports her to keep to timescales and produce high quality reports reflective of the client and their needs. Zoe has more recently begun her role as a research champion within the RCOT, this role supports and allows her to keep up to date with the most up to date clinical research, which she is then able to apply to practice.

### PREVIOUS EXPERIENCE

Zoe has over thirteen years' experience within the healthcare sector, four years of which as an Occupational Therapist. Zoe has built an extensive knowledge base working with those who have had an acquired brain injury, stroke, dementia, Huntington's disease, mental health conditions, learning disabilities, autism, and individuals dealing with substance misuse. She has experience of

completing assessments and complex intervention work. She has a grounded theory of persons who are supported under the Mental Health Act, and deprivation of liberty, completing and understanding Mental Capacity assessments and a firm knowledge of the Care Act and Mental Capacity Act. Zoe has worked with individuals based within the NHS, private sector and community settings which supports her ability to identify appropriate services. She has extensive experience working as part of multi and interdisciplinary teams, where she has supported many CHC assessments.

## PROFESSIONAL QUALIFICATIONS

- BSc in Occupational Therapy June 2019
- Practice Educator June 2021
- MSc Advanced Professional Practice in Neurological Rehabilitation (ongoing) Started Sept 2020

## CAREER HISTORY

- Oakleaf Group February 2022- April 2023  
Neurological rehabilitation  
Occupational Therapist
- Christchurch Group March 2021- February 2022  
Neurological rehabilitation  
Occupational Therapist
- Oakleaf Group (Part time) October 2020- March 2021  
Neurological rehabilitation  
Occupational Therapist
- Priory Group May 2019- October 2020  
Neurological rehabilitation  
Occupational Therapist
- St Andrews Healthcare May 2014- May 2019  
Mental health/ Brain injury services  
Technical Instructor
- St Andrews Healthcare May 2010- May 2014  
Mental health/ Brain injury services  
Healthcare assistant

## PROFESSIONAL MEMBERSHIPS

- HCPC
- BABICM – British Association of Brain Injury & Complex Case Management
- RCOT - Specialist section, Neurological Practice



## CONTACT

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