

Casey McDonald

Based In: Milton Keynes

Background: Occupational Therapy

Joined RWW: January 2024

RWW role: Case Manager

Works with: Adults & Children



REHAB WITHOUT WALLS CASE MANAGEMENT ROLE

Providing case management input for people who have complex rehabilitation and care needs.

- Assessing need for case management, care, support and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

CONDITIONS MANAGED

✓ Acquired brain injury	✓ Mental health
✓ Cerebral palsy	✓ Complex orthopaedic injury
✓ Spinal injury	✓ Learning disability
✓ Amputations	✓ Auditory & visual impairment
✓ Persistent vegetative state	✓ Neurological conditions e.g., MS, Parkinson's

KEY SKILLS & EXPERIENCE

√ High risk clients	✓ Assessing mental capacity
 ✓ Equipment & environmental adaptations 	✓ Securing statutory funding
✓ Fatigue Management	✓ Upper limb therapy

Casey prides herself on providing client centred care that ensures all of those involved feel heard, understood, and valued. Casey is confident in developing realistic goals with clients and their families to help them navigate the case management journey and demonstrate efficient co-ordination of services and resources to help achieve this.

Casey has excellent communication skills, a flexible and creative approach to working and the desire to achieve the best outcomes for clients.

Registered BABICM member.

PREVIOUS EXPERIENCE

Prior to joining Rehab Without Walls, Casey has worked as a Specialist Occupational Therapist across many healthcare settings including high dependency, acute care, inpatient rehabilitation, outpatients, community services and the private sector. This has resulted in Casey developing a range of high-level skills in the assessment of clients' needs and provision of appropriate intervention at varying stages of their journey. This includes but not limited to: state of arousal, cognitive screens, physical and functional ability, sensory re-education, virtual fatigue

management programmes, environmental assessment/ home visits, capacity assessments and community interaction.

Casey has experience of working with a broad range of neurological diagnoses including Traumatic Brain Injury, Stroke, Dementia, Neuro-oncology, Multiple Sclerosis, Parkinson's and Motor Neuron Disease. Casey has worked with patients requiring extensive levels of input from the multidisciplinary team, safeguarding concerns, matters involving the Mental Capacity Act 2005, CHC assessment and complex planning for community re-integration.

Casey values the importance of building therapeutic relationships with clients that empowers and advocates for their needs in a holistic manner.

PROFESSIONAL QUALIFICATIONS

• 1st class BSc (Hons) Occupational Therapy (Northampton University) 2016

CAREER HISTORY

Oxford University Hospitals Foundation Trust
 Neurological rotation: Hyper Acute Stroke, Neurosciences, Oxford Centre of Enablement (Level 1 inpatient rehabilitation), Early Supported Discharge Team for Stroke Specialist Occupational Therapist

Thomas Edward Mitton House (Brain Injury Rehabilitation Trust)
 Team or service (where appropriate)
 Occupational Therapist

Milton Keynes University Hospital
 Band 5 rotation including general medicine, hand therapy and acute

 Stroke Occupational Therapist

Macintyre Charity
 Learning Disabilities: Day and Residential support
 Learning Support Worker

PROFESSIONAL MEMBERSHIPS

- HCPC Health & Care Professions Council
- BABICM British Association of Brain Injury & Complex Case Management Advanced Member

OTHER ACTIVITIES

Casey leads an active lifestyle and enjoys going to the gym, yoga and rock climbing. Casey also enjoys taking part in voluntary events such as the Big Sleep Out and has spent time in Ghana with the Saviour Children Foundation.

CONTACT		
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