



Claire Dowling



Based In: Milton Keynes
Background: Occupational Therapy

Claire has extensive experience of working with a broad spectrum of mental health problems, from depression and anxiety to forensic mental health, dementia and psychosis. She is adept at managing complex high-risk clients in the community and in assessing and planning rehabilitation packages. Claire has worked with adolescents, adults and elderly people, both in inpatient and community settings. She also has experience working with fatigue and pain management.

CASE MANAGER – REHAB WITHOUT WALLS

FROM SEPTEMBER 2018

Providing case management input for adults and children with acquired brain injury (including cerebral palsy) or spinal injury, who have complex rehabilitation and care needs.

This role involves:

- Assessing need for case management, care and rehabilitation
- Risk assessment and development of risk management strategies
- Designing, developing and monitoring multi-disciplinary rehabilitation packages
- Recruiting, training and managing support workers
- Coordinating services from the statutory and independent sectors

KEY SKILLS AND EXPERIENCE

- Mental Health
- Dementia
- Mental Capacity assessment
- Chronic fatigue

PROFESSIONAL QUALIFICATIONS

- BSc(Hons) Occupational Therapy (Brunel University) 2000

PROFESSIONAL MEMBERSHIP

- HCPC – Health & Care Professions Council
- BAOT – British Association of Occupational Therapy

CONTACT

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PREVIOUS EMPLOYMENT

- **Patient2People**
Associate Director of Therapy and Pathway Innovation **Apr 2016 – Present**
Devised training materials for the Chinese market focusing on the value of occupational therapy and its implementation for people with both physical and mental health problems.
- **Bedford Hospital NHS Trust**
Band 6 Occupational Therapist – Winter Pressure Beds **Dec 2017 – Apr 2018**
Provided assessments and discharge planning for a 20-bed medical acute ward. Conducted functional assessments, provided equipment and completed comprehensive reports for packages of care. Worked as part of a multi-disciplinary team, liaising with carers, social services and other agencies.
- **Sugarman Recruitment**
Band 7 Occupational Therapist **Jul 2017 – Oct 2017**
Screened and accepted referrals to a 12-bed inpatient rehabilitation ward. Managed a complex caseload, planning and implementing discharge.
- **Corpore**
Rehabilitation Case Manager **Apr 2017 – Jul 2017**
Worked as a case manager for clients suffering catastrophic injury and multi-trauma, conducting initial needs assessments in people's homes and providing case management support to implement appropriate rehabilitation.
- **TSF Consultants**
Mental Capacity Assessor **Jan 2016 – Apr 2016**
Completed mental capacity assessments, including power of attorney.
- **Cambridge Community Mental Health Team – Elderly service**
Care Coordinator **Apr 2015 – Jul 2015**
Managed a complex caseload and provided reviews for the NHS Trust and social services of client care packages and placements.
- **Patients2 People**
Self-Employed Occupational Therapy Manager **Dec 2014 – Mar 2015**
Worked in the Promoting Independence Unit, managing and co-ordinating a new "step up / step down" service and quality-assuring therapeutic interventions. Developed creative and flexible ways of using therapeutic techniques and communicated clearly with clients, families and other agencies to promote consistent management in all settings.
- **Sugarman Group Recruitment – Agency Work**
Occupational Therapy roles - Band 5 to Band 7 **Apr 2001 – Aug 2013**
Worked with adults and adolescents, both in inpatient settings and in the community, specialising in mental health.
Roles included working with forensic, functional and organic mental health (including early-onset dementia), early intervention psychosis, suicide prevention and emergency home treatment. Also worked in a chronic fatigue service, as service coordinator.

OTHER ACTIVITIES

Claire plays netball for her local team and is actively involved in her children's rugby and football clubs, volunteering for the weekly BBQs and fundraising events.